

ABOUT US.

Before earth, water, fire and air, the legends say, there was Akasha, the source of all creation. You're invited to return to that source at Akasha Holistic Wellbeing.

Here at our exclusive wellness club, spacious facilities for exercise and massages are just the beginning. From nutrition to meditation, yoga to Watsu, you can enjoy expert treatments, therapies and personal training offered at no other spas. The only place to start – or even end – the perfect day.

Return to the
essence of
creation in
London's holistic
wellbeing retreat

BOOK
NOW

FOR RESERVATION AND
INFORMATION:

- 📞 123-456-7890
- ✉️ hello@akashaspa.com
- 📍 123 Anywhere St., Any City



AKASHA SPA & FITNESS

Pampering your
body and soul

OUR FACILITIES

- **Treatment Rooms:** 9 treatment rooms offer signature treatments that marry innovative Western practices with ancient Eastern traditions.
- **Fitness and Classes:** Our cutting-edge facilities are combined with the knowledge of our professional, fully dedicated personal trainers.



- **Pool and Sauna:** At 18m/60ft long lap pool, sauna, steam room and jacuzzi enhanced further by mood lighting, restorative sounds and uplifting aromas.
- **Lounge Bar:** Nutritionist-designed, the Four Elements Menu incorporates ingredients reflecting the four elements. Herbal juices, cold-pressed juices and energising drinks are also available.

Self-care is not selfish and The Best Gift to Yourself is A Little Attention and Love

Spa and Massage are not a luxury. They surprisingly have had positive effects on every medical condition we've looked at. Indeed, they bring about healthier and happier lives.

We help you to ease your muscles, recharge your body's essential energies, and calm your mind.



OUR MOST LOVED

Weekday Escape

£195 per person

- 60-minute Aromatherapy Associates massage or Aromatherapy Associates facial
- 90-minute access to the spa facilities
- Cold press fruit juice



Signature Spa Day

£275.00 per person

- 90-minute Aromatherapy Associates Massage or Aromatherapy Associates Facial
- Two-course lunch with Champagne
- 90-minute access to the spa facilities

